



RPVTV Channel 33 Programming Schedule Guide

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Week of 08/09/10 - 08/15/10
Monday through Sunday

6:00 AM - 6:30 AM	Sit and Be Fit - Low Impact Fitness	3:30 PM - 4:00 PM	City Talk: (continued)
6:30 AM - 7:00 AM	Cardio Strength Stretch - Moderate to Rigorous Exercise Routines	4:00 PM - 4:30 PM	Playing the Field: All Star Baseball 2010
7:00 AM - 7:30 AM	Community Connection: Terranea One Year Anniversary	4:30 PM - 5:00 PM	Playing the Field: (continued)
7:30 AM - 8:00 AM	What's Happening at the Norris: Sweet Charity	5:00 PM - 5:30 PM	Sit and Be Fit - Low Impact Fitness
8:00 AM - 8:30 AM	Playing the Field: All Star Baseball 2010	5:30 PM - 6:00 PM	Cardio Strength Stretch - Moderate to Rigorous Exercise Routines
8:30 AM - 9:00 AM	Playing the Field: (continued)	6:00 PM - 6:30 PM	Community Connection: Terranea One Year Anniversary
9:00 AM - 9:30 AM	City Talk: Mayor Steve Wolowicz June 2010	6:30 PM - 7:00 PM	What's Happening at the Norris: Sweet Charity
9:30 AM - 10:00 AM	City Talk: (continued)	7:00 PM - 7:30 PM	Peninsula Seniors: Space Engineering Adventures of the 60's with Dr. Robert Brodsky
10:00 AM - 10:30AM	Peninsula Symphonic Winds: Pops Concert	7:30 PM - 8:00 PM	Peninsula Seniors (continued)
10:30 AM - 11:00 AM	Peninsula Winds (continued)	8:00 PM - 8:30 PM	Peninsula Symphonic Winds: Pops Concert
11:00 AM - 11:30 AM	Peninsula Winds (continued)	8:30 PM - 9:00 PM	Peninsula Winds (continued)
11:30 AM - 12:00 PM	Peninsula Winds (continued)	9:00 PM - 9:30 PM	Peninsula Winds (continued)
12:00 PM - 12:30 PM	Peninsula Seniors: Founders Park, a Success Story of Cooperation	9:30 PM - 10:00 PM	Peninsula Winds (continued)
12:30 PM - 1:00 PM	Peninsula Seniors (continued)	10:00 PM - 10:30 PM	Future Leaders of San Pedro 2010 - May 21, 2010.
1:00 PM - 1:30PM	City Talk: Mayor Steve Wolowicz June 2010	10:30 PM - 11:00 PM	Future Leaders (continued)
1:30 PM - 2:00 PM	City Talk: (continued)	11:00 PM - 11:30 PM	Future Leaders (continued)
2:00 PM - 2:30 PM	Playing the Field: All Star Baseball 2010	11:30 PM - 12:00 AM	Future Leaders (continued)
2:30 PM - 3:00 PM	Playing the Field: (continued)	12:00 AM - 1:00 AM	Community Connection: Terranea One Year Anniversary
3:00 PM - 3:30 PM	City Talk: Mayor Steve Wolowicz June 2010	1:00 AM - 6:00 AM	Community Announcements



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Week of 08/16/10 - 08/22/10
Monday through Sunday

6:00 AM - 6:30 AM	Sit and Be Fit - Low Impact Fitness	3:30 PM - 4:00 PM	Community Connection (Continued)
6:30 AM - 7:00 AM	Cardio Strength Stretch - Moderate to Rigorous Exercise Routines	4:00 PM - 4:30 PM	Playing the Field: Stan Conte on Concussion & NFL Update
7:00 AM - 7:30 AM	Community Connection: The Palos Verdes Street Fair & Music Festival 2010	4:30 PM - 5:00 PM	Playing the Field: (continued)
7:30 AM - 8:00 AM	Community Connection (Continued)	5:00 PM - 5:30 PM	Sit and Be Fit - Low Impact Fitness
8:00 AM - 8:30 AM	Playing the Field: Stan Conte on Concussion & NFL Update	5:30 PM - 6:00 PM	Cardio Strength Stretch - Moderate to Rigorous Exercise Routines
8:30 AM - 9:00 AM	Playing the Field: (continued)	6:00 PM - 6:30 PM	Community Connection: The Palos Verdes Street Fair & Music Festival 2010
09:00 AM - 9:30 AM	What's Happening at the Norris: Fall Season Update	6:30 PM - 7:00 PM	Community Connection (Continued)
9:30 AM - 10:00 AM	Armchair Traveler: The Lane Victory Cruise	7:00 PM - 7:30 PM	Peninsula Seniors: Ann Dalkey - Palos Verdes Peninsula Land Conservancy
10:00 AM - 10:30AM	The Palos Verdes Symphonic Band: Picnic N' Pops at the Garden	7:30 PM - 8:00 PM	Peninsula Seniors (continued)
10:30 AM - 11:00 AM	Palos Verdes Symphonic Band (continued)	8:00 PM - 8:30 PM	The Palos Verdes Symphonic Band: Picnic N' Pops at the Garden
11:00 AM - 11:30 AM	Palos Verdes Symphonic Band (continued)	8:30 PM - 9:00 PM	Palos Verdes Symphonic Band (continued)
11:30 AM - 12:00 PM	Palos Verdes Symphonic Band (continued)	9:00 PM - 9:30 PM	Palos Verdes Symphonic Band (continued)
12:00 PM - 12:30 PM	Peninsula Seniors: Space Engineering Adventures of the 60's with Dr. Robert Brodsky	9:30 PM - 10:00 PM	Palos Verdes Symphonic Band (continued)
12:30 PM - 1:00 PM	Peninsula Seniors (continued)	10:00 PM - 10:30 PM	The City of Rancho Palos Verdes City Council Meeting from August 17th, 2010
1:00 PM - 1:30PM	What's Happening at the Norris: Fall Season Update	10:30 PM - 11:00 PM	RPV City Council (continued)
1:30 PM - 2:00 PM	Armchair Traveler: The Lane Victory Cruise	11:00 PM - 11:30 PM	RPV City Council (continued)
2:00 PM - 2:30 PM	Playing the Field: Stan Conte on Concussion & NFL Update	11:30 PM - 12:00 AM	RPV City Council (continued)
2:30 PM - 3:00 PM	Playing the Field: (continued)	12:00 AM - 1:00 AM	RPV City Council (continued)
3:00 PM - 3:30 PM	Community Connection: The Palos Verdes Street Fair & Music Festival 2010	1:00 AM - 6:00 AM	Community Announcements